

UCCS Pre-Collegiate Development Program Transition Coaching Virtual Workshops

Fall 2020

What to Expect

Workshops are led by current UCCS undergraduates.

Workshops are discussion-based learning opportunities where students will learn about information and resources related to success in high school, college, and beyond.

Check your email and our website and social media frequently for sign-up information and other opportunities for Transition Coaching!

SEPTEMBER

Mapping Your Future During Uncertain Times

Sophomores

- **Date:** Tuesday, September 8
- **Time:** 4:30-5:30 PM on Zoom
- **Topic:** Getting Organized & Goal-Setting

Juniors

- **Date:** Monday, September 14
- **Time:** 4:30-5:30 PM on Zoom
- **Topic:** Creating Support & Maintaining Friendships

Seniors

- **Date:** Wednesday, September 23
- **Time:** 4:30-5:30 PM on Zoom
- **Topic:** College Search — Finding the Right Fit

OCTOBER

Creating Your World Beyond the Classroom

Sophomores

- **Date:** Wednesday, October 21
- **Time:** 4:30-5:30 PM on Zoom
- **Topic:** Using Tools for Self-Discovery

Juniors

- **Date:** Tuesday, October 13
- **Time:** 4:30-5:30 PM on Zoom
- **Topic:** Developing Curiosity and Creativity Through Independent Learning

Seniors

- **Date:** Monday, October 5
- **Time:** 4:30-5:30 PM on Zoom
- **Topic:** Using Your Interests to Find Your Place at College

NOVEMBER

Cultivating Self-Advocacy in High School & College

Sophomores

- **Date:** Monday, November 9
- **Time:** 4:30-5:30 PM on Zoom
- **Topic:** Making Academic & Career Connections in High School

Juniors

- **Date:** Wednesday, November 18
- **Time:** 4:30-5:30 PM on Zoom
- **Topic:** Self-Care Check-In — Sharing Resources and Discussion

Seniors

- **Date:** Tuesday, November 10
- **Time:** 4:30-5:30 PM on Zoom
- **Topic:** Shaping Your Scholarship Essay for Pre-Collegiate Scholarships



Pre-Collegiate Support
and Success Center

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